

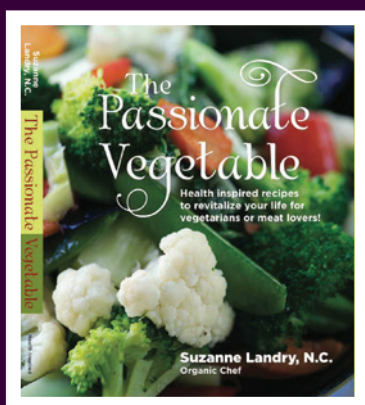
ENLIGHTENED EATERS

A reading with **Suzanne Landry**

Author

Susan Ungaro

President of the James Beard Foundation
invites you to attend an intimate discussion



The Passionate Vegetable

Wednesday,
August 14, 2013

12:00 noon to 1:00 p.m.

The James Beard House

167 West 12th Street, NYC (between Sixth and Seventh Avenues)

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Known as the “Fresh Food Chef,” author and educator Suzanne Landry joins us after the release of the second edition of her award-winning book, *The Passionate Vegetable*, to discuss how food choices drastically affect our quality of life. From her wealth of professional and personal experience, Landry encourages a healthier lifestyle with recipes that can end cravings, restore vitality, and satisfy everyone’s nutritional needs.

ENLIGHTENED EATERS is an educationally minded series of readings, workshops, discussions, and other programs focusing on health, nutrition, sustainability, and environmental issues. This event is free to students with a suggested donation of \$20 for nonstudents. **Acqua Panna** and **S.Pellegrino** waters, **Lavazza Coffee**, **Tea Forté** teas and **Valrhona** chocolates will be served. **Snacks will be provided** and guests are also welcome to bring a brown-bag lunch.

TO RSVP, VISIT JAMESBEARD.ORG/EVENTS OR CALL 212.627.2308.

SIGN UP FOR *BEARD BITES*, OUR BIWEEKLY E-NEWSLETTER, TO RECEIVE UP-TO-DATE ANNOUNCEMENTS ON FUTURE ENLIGHTENED EATERS PROGRAMS AND MORE.

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